# Doctor's Office or Emergency Room? Make the RIGHT

# Which Should I Choose?

# **Doctor's Office**

Call for help, advice, or an appointment.

## For common illnesses:

- Fever
- Flu
- Sore throat, coughs

# For problems that need care now:

- Asthma
- Infections

RIGHT

- Injuries, sprains
- Vomiting green stuff (bile)

## And always for:

- Checkups and vaccinations
- Help with long-term or chronic conditions or illnesses

# **Emergency Room**

Go when you are risking your health without help **NOW!** 

- When bleeding won't stop
- When breathing is very hard
- After a serious accident
- After a convulsion that lasts more than three minutes
- If you have symptoms of a heart attack (chest pain, sweating, shortness of breath, nausea or vomiting, dizziness) – call 9-1-1.

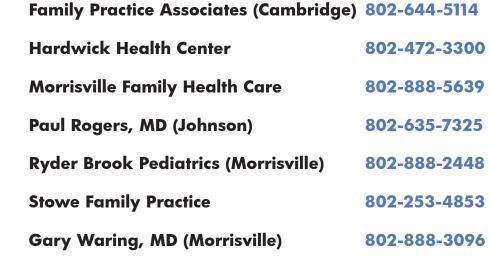




Turn over for list of practitioners

# Primary Care Practitioners in the Copley Hospital Service Area

## **Physicians**



## **Nurse Practitioners**

Dorothy	Malone-Rising,	NP	(Johnson)	802-635-6689
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## Naturopathic

Stowe Natural Family Wellness	802-253-2340
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## **Behavioral Health**

Behavioral Health & Wellness	802-888-8320
Lamoille County Mental Health	802-888-5026

