

Doctor's Office or Emergency Room?

Make the
**RIGHT
CALL**

Which Should I Choose?

Doctor's Office

Call for help, advice, or an appointment.

For common illnesses:

- Fever
- Flu
- Sore throat, coughs

For problems that need care now:

- Asthma
- Infections
- Injuries, sprains
- Vomiting green stuff (bile)

And always for:

- Checkups and vaccinations
- Help with long-term or chronic conditions or illnesses

Emergency Room

Go when you are risking your health without help **NOW!**

- When bleeding won't stop
- When breathing is very hard
- After a serious accident
- After a convulsion that lasts more than three minutes
- If you have symptoms of a heart attack (chest pain, sweating, shortness of breath, nausea or vomiting, dizziness) – **call 9-1-1.**



Turn over for list of practitioners



Primary Care Practitioners in the Copley Hospital Service Area

Physicians

Family Practice Associates (Cambridge)	802-644-5114
Hardwick Health Center	802-472-3300
Morrisville Family Health Care	802-888-5639
Paul Rogers, MD (Johnson)	802-635-7325
Ryder Brook Pediatrics (Morrisville)	802-888-2448
Stowe Family Practice	802-253-4853
Gary Waring, MD (Morrisville)	802-888-3096

**Make the
RIGHT
CALL**

Nurse Practitioners

Dorothy Malone-Rising, NP (Johnson)	802-635-6689
--	---------------------

Naturopathic

Stowe Natural Family Wellness	802-253-2340
--------------------------------------	---------------------

Behavioral Health

Behavioral Health & Wellness	802-888-8320
Lamoille County Mental Health	802-888-5026